

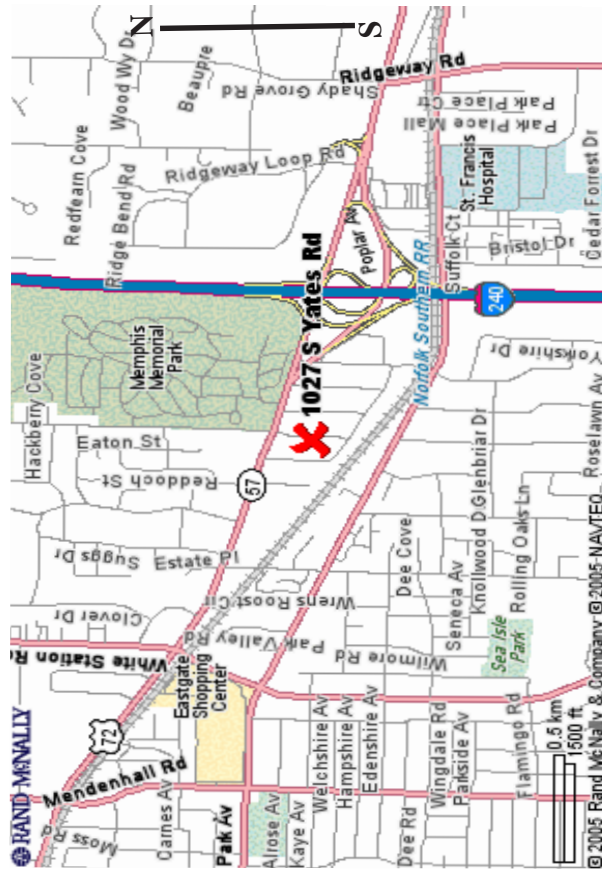
Confidentiality

Psychotherapy provides you the opportunity to talk openly - and confidentially - with your therapist about your feelings and your problems. Your therapist cannot reveal what you say without your expressed consent, unless legally mandated. However, if you choose to file insurance claims for your treatment, we will be required to disclose to your insurer pertinent information to justify your care. Sometimes it benefits you when we share information with other professionals, like doctors or attorneys. You and your therapist will decide if it is beneficial to you to share information. Similarly, should you need assistance of other professionals, let your therapist know. Our office staff can assist you in locating someone to help you.

Appointments, Fees and Insurance

You can schedule an appointment by calling our office 9:00a.m. - 6:00p.m., Monday through Friday. Should you need to cancel an appointment, we ask that you do so 24 hours in advance to avoid being charged.

Our fees are consistent with the standard fees in the Memphis area, and we accept most major insurance plans. Our office staff can file your insurance claims; your copayment is required at the time of your visit. If your insurance does not cover your treatment, you are responsible for the entire fee.



**Office Conveniently
located at:**

**1027 S. Yates Road
Memphis, TN 38119
(901) 682-6136**

MENTAL HEALTH RESOURCES

Intensive Outpatient Program

Edward A. Wise, Ph.D.
Jean Bright, Ph.D.
Kim McCaskill, L.P.C.
Ann Bourkard, L.C.S.W.
Rose M. Johnston, Ph.D.
Robert Fink, M.D.
Les Smith, M.D.

1027 South Yates Road
Memphis, Tennessee 38119
901-682-6136
901-682-7136

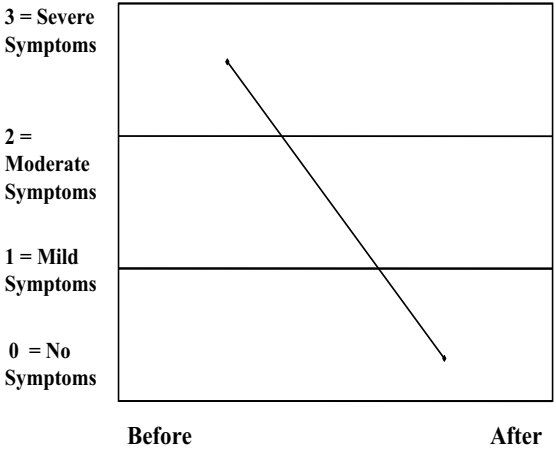
Mental Health Resources is a multidisciplinary group practice that provides comprehensive mental health treatment. We are the only provider in our area that offers an Intensive Outpatient Program (IOP) exclusively for mental health patients.

Our IOP consists of a three-hour per day program held in our private offices. MHR has met all state requirements necessary to provide this care, and is licensed by the State of Tennessee.

MHR's IOP was developed expressly for the purpose of accommodating the trends toward reduced hospital stays and providing an intensive therapeutic environment in an outpatient setting. The average number of IOP sessions is 17, occurring over seven weeks. The average IOP patient was in treatment three days per week, though some patients might need more visits earlier in treatment and fewer visits later in treatment.

Pre and Post-treatment measures demonstrated very significant symptom improvements on all symptom scales (e.g., Depression, Anxiety, etc.). Very significant treatment effects were also demonstrated on all of the measures of global distress and severity.

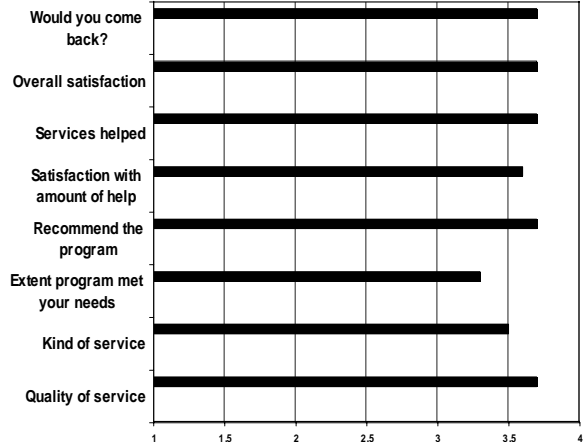
Depressive Symptoms Before and After Treatment



Complex cases with multiple diagnoses were effectively treated in this program. In fact, compared to both local and national inpatient psychiatric patients, our IOP patients were significantly more distressed, endorsed a greater number of symptoms and to a greater degree of severity, but were successfully treated at home.

Our Consumer Satisfaction survey revealed that patients were uniformly Highly Satisfied with their treatment. When asked to rate the Helpfulness of this program on a scale of 1-4, our average rating was 3.7. Our Overall Quality and Satisfaction ratings were 3.7 and patients highly recommended our program to others (3.7).

Client Satisfaction Scores



MHR has demonstrated that our mental health IOP is a safe, clinically effective, cost efficient, less restrictive and highly rated consumer friendly service. We would welcome the opportunity to discuss our program with you.